

**BACHELOR BRAD: I WANT EMILY BACK!**



**GETTING MARRIED!**  
Finally! Why Angelina and Brad decided to make it official this summer



**INSIDE THE ROYAL VISIT**  
**ALL THE PHOTOS**



**CHARLIZE & RYAN**  
**Secretly Dating!**

**THIS MINUTE**  
YOU WANT TO KNOW ABOUT...

**HOT BOOT CAMP WORKOUTS!**

Drop pounds on the double by using stank-top military-style classes

**BABY'S BOOTCAMP**  
Katie Couric, Betty Stern and Katie Couric's 100-lb. workout L.A. area class, which is now available in NYC. (See page 100)  
To ensure metabolism and lower body fat, kick butt. Any 30-minute workout of military-style workouts and don't stop until you're exhausted.

**CRISPER MOTIVATION**  
Inspired by Kelly Rowland's "Motivation" disc, all-out cardio workout by **Charlie Sheen's** *Cranks* in which every 10-minute, high-intensity class jumps between high-impact and low-impact exercises.

**PURE YOGA'S SECRET'S BOOTCAMP**  
This 30-minute class, led by **Beate** (aka *Beate*), from *Yoga* (page 100), is a mix of yoga and Pilates with strength training (aka plank) and yoga (aka *Yoga*).

PHOTO: JEFFREY MAYER